

# ZEN FU

C H I N E S E   R E S T A U R A N T

## MENU



## STARTERS

### CRISPY FINGER FISH (5 PCS)

Breaded Fish Fingers deep fried to a perfect Gold colour, served with Garlic Mayo Sauce.

Rs. 1595

### CHICKEN DRUMSTICKS (4 PCS)

Spicy Minced Chicken Drumsticks, seasoned with Chinese Spices and deep fried to a Golden Brown.

Rs. 2045

### DYNAMITE CHICKEN (100 gm / 200 gm)

Crispy Chicken coated with a Rich Creamy Sriracha Mayo Sauce-Super delicious.

Rs. 1495 / 2475

### SPICY HONEY CHICKEN WINGS (5 PCS)

Spicy fried Chicken Wings glazed with Honey and Chillies.

Rs. 1195

### DYNAMITE PRAWNS (8 PCS)

Crispy Prawns coated with a Rich Creamy Sriracha Mayo Sauce-Super delicious.

Rs. 3595

### PRAWN TEMPURA (4 PCS)

Choicest Prawns, dipped in Zen fu's Special Batter, deep fried and served with Wonton Sauce.

Rs. 1645

### CHINESE SPRING ROLL (4 PCS)

Wok fried Vegetables and Chicken with Chinese Spices in a Crispy Wrapper, Golden fried to perfection.

Rs. 975

### STEAMED / Fried CHICKEN DUMPLINGS (6 PCS)

Just that-Steamed Dumplings filled with Chicken Mince.

Rs. 1095

### CHILLI CHICKEN WINGS (6 PCS)

Spicy, Crispy Chicken Wings, wok fried in a Spicy Sauce.

Rs. 1395



## SOUPS (SERVED WITH FISH CRACKERS)

### ZEN FU'S SPECIAL SOUP (19B)

Delightful thick soup with Chicken, Prawns, Seasonal Vegetables and Black Mushrooms.

SINGLE

Rs. 645

FAMILY BOWL  
FOR 3 - 4 PERSONS

Rs. 1995

### HOT N SOUR SOUP

All-time favourite soup prepared in Chicken Broth with Chicken and Chinese Vegetables.

Rs. 575

Rs. 1595

### CHICKEN CORN SOUP

Minced Chicken and crushed Sweet Corn, cooked in Chicken Broth.

Rs. 545

Rs. 1495

### CLEAR CHICKEN VEGETABLES SOUP

A medley of Vegetables in a clear Vegetable/Chicken Broth.

Rs. 435

Rs. 1345

### THAI CHICKEN SOUP

Clear Chicken soup with Lemon Juice and Green Chillies, garnished with Crispy Rice.

Rs. 545

Rs. 1495



(All prices are subject to prevailing Government Taxes)  
5% service charges apply.



## POULTRY

### CHICKEN MANCHURIAN

All-time favourite Stir-fried Chicken with Ginger and Garlic in a Spicy Tomato Sauce.

Rs. 2145

### KUNG PAO CHICKEN

Stir-fried Chicken Cubes with Dry Red Chillies, Seasonal Vegetables, Roasted Peanuts and Chilli Oil in a Spicy Sauce.

Rs. 2145

### SZECHUAN CHICKEN

Stir-fried sliced Chicken with Dry Red Chillies, Capsicum, Onions and Green Chillies, glazed in a Spicy Szechuan Sauce.

Rs. 2145

### CHICKEN WITH CHILLIES (DRY)

Stir-fried slices of Chicken, Green Chillies, Garlic and Onions all glazed in a Chinese Sauce.

Rs. 2145

### CHICKEN IN HOT GARLIC SAUCE

Stir-fried Chicken with Onions, Green Chillies, Capsicum and Carrots, flavoured with our Special Hot Garlic Sauce.

Rs. 2145

### CHICKEN IN GARLIC SAUCE

Stir-fried Chicken with Onions, flavoured with our Chef's Special Garlic Sauce.

Rs. 2145

### CHICKEN WITH CASHEW NUTS (SZECHUAN STYLE)

Stir-fried Chicken cubes, Seasonal Vegetables, topped with Roasted Cashew Nuts and seasoned with Szechuan Spices.

Rs. 2145

### CHICKEN WITH ROASTED ALMONDS

Stir-fried Chicken cubes cooked with Seasonal Vegetables and topped with Crunchy Almonds.

Rs. 2145

### CHICKEN WITH CHILLIES AND ONIONS

Stir-fried sliced Chicken with Green Chillies and Onions in a Mild Sauce.

Rs. 2145



## PRAWNS (SEA FOOD)

### PRAWN WITH CHILLIES (DRY)

Stir-fried Prawns with Green Chillies, Garlic and Onions all glazed in a Chinese Sauce.

Rs. 2845

### KUNG PAO PRAWNS

Stir-fried large Prawns with Dry Red Chillies, Seasonal Vegetables, Roasted Peanuts and Chilli Oil in a Spicy Sauce.

Rs. 2845

### SZECHUAN PRAWNS

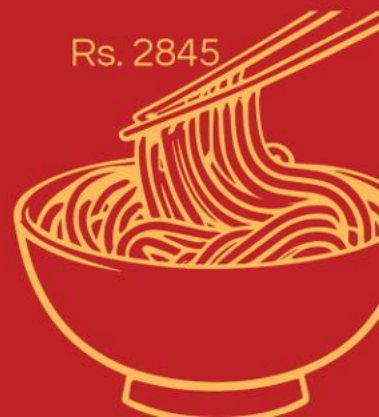
Stir-fried Prawns cooked with Dry Red Chillies, Capsicum, Onions and Green Chillies, glazed in a Spicy Szechuan Sauce.

Rs. 2845

### PRAWNS IN HOT GARLIC SAUCE

Stir-fried Prawns with Garlic, Onions, Green Chillies and flavoured with our Special Hot Sauce.

Rs. 2845



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## FISH

### ZEN FU'S SPECIAL FISH (WITH CHOICE OF SAUCE)

Rs. 4295

Mouth-watering crispy deep fried Red Snapper topped with your choice of Sauce. (Sweet and Sour, Szechuan, Hot Garlic or Garlic Sauce)

### KUNG PAO FISH

Rs. 2595

Stir-fried Fish with Dry Red Chillies, Seasonal Vegetables, Roasted Peanuts and Chilli Oil in a Spicy Sauce.

### FISH WITH CHILLIES (DRY)

Rs. 2595

Stir-fried Fish flavoured with Green Chillies and Soya Sauce.

### SZECHUAN FISH

Rs. 2595

Stir-fried Fish with Dry Red Chillies, Capsicum, Onions and Green Chillies, glazed in a Spicy Szechuan Sauce.

### MONGOLIAN FISH

Rs. 2595

Stir-fried Fish Served with Ripe Tomatoes, Carrots, Bean Sprouts, Capsicum and Special Mongolian Spices.



## BEEF

### ZEN FU'S SPECIAL BEEF

Rs. 3145

Crispy fried Beef, glazed in our Special Sauce and topped with Roasted Sesame Seeds.

### BEEF IN GARLIC SAUCE

Rs. 3145

Stir-fried Beef with Onions, flavoured with our Chef's Special Garlic Sauce.

### BEEF WITH CHILLI & VEGETABLES

Rs. 3145

Sliced Beef with Seasonal Mix Vegetables, cooked with Red and Green Chillies.

### BEEF WITH CHILLIES (DRY)

Rs. 3145

Sliced Beef marinated with Chinese Spices, stir-fried with Green Chillies and Garlic, glazed in Soya Sauce.

### BEEF WITH CHILLIES AND ONIONS

Rs. 3145

Stir-fried sliced Beef with Green Chillies and Onions in a Mild Sauce.

### MONGOLIAN BEEF

Rs. 3145

Stir-fried Beef tossed with Ripe Tomatoes, Capsicum, Carrots, Bean Sprouts, and Special Mongolian Spices.



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## RICE

|                       |          |
|-----------------------|----------|
| CHICKEN MASALA RICE   | Rs. 1745 |
| VEGETABLES FRIED RICE | Rs. 1495 |
| EGG FRIED RICE        | Rs. 1475 |
| CHICKEN FRIED RICE    | Rs. 1645 |
| ZEN FU'S SPECIAL RICE | Rs. 1745 |
| GARLIC FRIED RICE     | Rs. 1345 |
| STEAMED RICE          | Rs. 1075 |



## CHOP SUEY & NOODLES

|                                                                                                                              |          |
|------------------------------------------------------------------------------------------------------------------------------|----------|
| ZEN FU'S SPECIAL CHOW MEIN<br>Chinese Noodles stir-fried with Prawns, Chicken, Black Mushrooms,<br>seasoned with Hot Spices. | Rs. 2645 |
| CHICKEN CHOW MEIN<br>Chinese Noodles stir-fried with julienne cut Chicken and Seasonal Vegetables.                           | Rs. 1895 |
| BEEF CHOW MEIN<br>Chinese Noodles stir-fried with cut Beef and Seasonal Vegetables.                                          | Rs. 2695 |
| VEGETABLE CHOW MEIN<br>Chinese Noodles stir-fried with julienne cut Vegetables.                                              | Rs. 1495 |
| CHOP SUEY & NOODLES                                                                                                          | Rs. 2145 |

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5% service charges apply.





## DESSERTS

MOLTEN LAVA CAKE  
CHOCOLATE SIZZLING BROWNIE

Rs. 975  
Rs. 875

## BEVERAGES

SOFT DRINKS (TIN)  
FROSTED MINT LEMONADE  
MINT MARGARITA  
TEA (TEA BAG)  
MIX TEA  
GREEN TEA  
MINERAL WATER (LARGE)  
MINERAL WATER (SMALL)

Rs. 200  
Rs. 425  
Rs. 425  
Rs. 295  
Rs. 325  
Rs. 195  
Rs. 175  
Rs. 125



(All prices are subject to prevailing Government Taxes)  
5% service charges apply.



## EXCLUSIVE LUNCH BOWLS

### CHICKEN BOWLS

Rs. 1295

#### CHOOSE YOUR GRAVY

CHICKEN MANCHURIAN  
CHICKEN WITH CASHEW NUTS  
CHICKEN WITH ALMONDS  
KUNG PAO CHICKEN  
SZECHUAN CHICKEN  
CHICKEN WITH CHILLIES AND ONIONS  
CHICKEN WITH CHILLIES (DRY)

### BEEF BOWLS

Rs. 1495

#### CHOOSE YOUR GRAVY

MONGOLIAN BEEF  
BEEF WITH CHILLIES AND ONIONS  
BEEF WITH CHILLIES (DRY)

### SEAFOOD BOWLS

Rs. 1595

#### CHOOSE YOUR GRAVY

MONGOLIAN FISH  
FISH WITH CHILLI GARLIC SAUCE  
KUNG PAO FISH  
SZECHUAN PRAWNS  
PRAWNS IN HOT GARLIC SAUCE



### CHOOSE YOUR SIDE

SINGLE SERVING OF CHOICE

#### RICE

EGG FRIED RICE  
VEGETABLE FRIED RICE  
CHICKEN MASALA RICE  
CHICKEN FRIED RICE

OR

#### CHOW MEIN

CHICKEN CHOW MEIN  
VEGETABLE CHOW MEIN

### COMBO

RICE + VEGETABLE CHOW MEIN

\*Complimentary Mint Margarita & Fish Crackers

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5% service charges apply.





AMAZON MALL, SECTOR A, DHA PHASE II, ISLAMABAD.



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